

And they said to one another, "Were not our hearts burning within us while He was speaking to us on the road, while He was explaining the Scriptures to us?" Luke 24:32

SVEC NEWSLETTER

October 2011

Shenandoah Valley Emmaus Leadership

Community Lay Director.....Tim Armentrout
 Assistant Community Lay Director.....Sherri Poeckert
 Community Spiritual Director.....Doug Martin
 Secretary Liz McCammon
 Treasurer Kevin Poeckert
 RegistrarDianna Wallen

Board of Directors Class of 2011

Tim Armentrout.....[540] 649-1950 | Comm Lay Director
 Gary Fishel..... [540] 421-9299 | Supplies
 Kevin Poeckert..... [540] 908-1730 | Treasurer
 Allyson Shaner [540] 683-9768 | Music director
 Carrie Talbott..... [540] 298-8196 | Spiritual Director
 Mil Wallen [703] 906-5450 | Communications/Technology

Class of 2012

Shelby Haley..... [540] 949-0300 | Agape
 Esther Malloy.....[540] 896-2672 | Prayer Coordinator
 Sherri Poeckert..... [540] 908-1729 | Asst Community LD
 Peggy Packard [540] 896-2797 | Spiritual Director
 Randy Robinson..... [540] 810-2692 | Set up/Clean up
 Mary Jane Tester..... [540] 778-3934 | Worship

Class of 2013

Chaz Evans-Hayward..... [540] 433-9409 | Walk Events
 Buddy Fitzpatrick.....[540] 578-2378 | Childcare
 Liz McCammon..... [540] 578-2565 | Secretary
 Doug Martin [540] 860-2455 | Comm. Spiritual Director
 Janet Wager..... [540] 778-3828 | Refreshments
 Dianna Wallen [540] 459-8875 | Registrar

Upcoming Events

Upcoming Walks to Emmaus

Camp Overlook, Keezletown, VA
 October 6-9, 2011..... Men's Walk 75
Kevin Poeckert, Lay Director
 October 13-16, 2011...Women's Walk 76
Beth Smith, Lay Director

October 28, 2011.....Evening of Greater Vision
 6:30pm, Asbury UMC

New Team Applications Needed!

In the transition to our new database everyone who has filled out a team application prior to March 2011 is requested to submit a new Christian Action Form and a new Team Application **asap**. These forms may be found on our website at www.sveconline.org under forms.



FROM THE COMMUNITY SPIRITUAL DIRECTOR



When we moved into our new home a year ago, we had to do something we never had to do before in order to obtain high-speed internet service: we had to go the Digital Subscriber Line (DSL) route through our landline telephone service. Now we have a DSL modem very much like the one depicted plugged into our computer so that we can access the worldwide web.

At least, that's the way it's supposed to work. The truth is there are many times when we get disconnected from the internet: largely (I believe) because our DSL modem isn't working the way it should. As long as all four of the indicator lights are lit up, we're good to go; but if the one on the right isn't glowing, then the Martin house is cut off from the worldwide web. Those of us who have had similar experiences know what a "lonely" experience that can be.

Relating to God works very much the same way: there are times when we really "feel" like we're connected with our Heavenly Father; and at other times, we feel like our spiritual DSL modem has been disconnected. Actually, being disconnected from the worldwide web isn't really a loneliness thing as much as it is just a plain nuisance. But being disconnected from God is a TERRIBLE thing! TERRIBLE! Is it not true that when we get disconnected from God we are reminded of the words of Jesus from the cross: "My God, my God: WHY have you forsaken me?"

The key to avoiding disconnection from God is to make sure we take advantage of every spiritual DSL that's available to us, one of which (I personally have discovered) is involvement and participation in the Walk to Emmaus community. I honestly can't say there's anything about Emmaus that doesn't resonate well in my soul and spirit. I am glad that where my Emmaus "DSL" is concerned, I've enjoyed a really solid and continuous connection with others of you on the Emmaus network.

If your Emmaus DSL modem isn't as well-connected as it should be, I have four simple words of encouragement for you: DO SOMETHING ABOUT IT!!

--Pastor Doug Martin

SVEC Walk To Emmaus #50, Table of Paul



It's almost time for the fall walks. Reunion Groups: if you haven't made your agape gifts for the walks, there is still time. I need 65 pieces of each agape both for the men and the women's walk. You can either bring them on the night of the gathering or you can bring them on Thursday of the men's walk. If you are making agape bags, please bring them to the gathering at the end of the month.

Do you have some free time on the walk weekends? Consider coming up and working behind the scenes for a couple of hours. There is always much to be done not only in the agape room but in other areas as well.

Please keep everyone involved in the fall walks in your prayers.

Many Blessings,
Shelby Haley
Agape Chairperson

What is Agape?

aga-pe

Pronunciation: \ä-'gä(.)pā,
'ä-gə-pā\

Function: noun

Definition: The highest and purest form of love

WANTED: MUSICIANS

Calling all musicians! Do you enjoy playing percussion instruments? Are you learning how to play guitar or piano? Do you want to become more comfortable singing in front of a group of people? What better place is there to do try than with brothers and sisters in Christ? We would love to have you join us at gatherings and practice "having fun"!

Do you know of someone in the community that may be interested or perhaps needs a little nudge to participate? I am currently looking for individuals or groups to lead music at gatherings. As always, if you (or someone you know) would like to try it out, please send me your contact information, so I can get you on the email list!

Peace through music :)
Allyson Shaner
540.683.9768
ashaner@embarqmail.com



Knock, Knock.

Who's there?

HELP!!!

Help who?



Help your Setup/Cleanup committee make Walks 75/76 the cleanest walks ever!

We still need volunteers to help setup for:

Men's Walk 75 – 3 volunteers needed on Wednesday October 5th to unload the trailer and setup the Talk Room, Prayer Vigil and Chapel – time negotiable, but would like to do this during the day

Men's Walk 75 – 3 volunteers needed on Sunday October 9th – after Closing to cleanup Chapel and reset Talk Room for Women's walk

Women's Walk 76 – 4 volunteers needed on Sunday October 16th – after Closing to cleanup Chapel, Talk Room, Prayer Vigil and load all supplies back into the trailer

This is a perfect opportunity to serve your community behind the scenes!

Please call Randy Robinson at 540-810-2692 or email him at rrcaver@gmail.com.

Thanks for your support!

ASSISTANT COMMUNITY LAY DIRECTOR

For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11

How can we find triumph in the middle of troubles? It is simple really; we just lean on our Friend Jesus, have Faith and look toward the future... May the Lord be with you...

I would like to say that I am humbled and honored to have been asked to serve the Shenandoah Valley Emmaus Community as the Assistant Community Lay Director. As I prayed about what to say in my first newsletter article as CALD, I kept coming back to one of my favorite verses Jeremiah 29:11...

I find myself in this new position, ready and willing to do the work God has called me to do...I believe the most important thing we can all do is pray, as I look to the future...I would ask that we all spend some of our daily prayer time keeping our Community in prayer as we prepare for the Men's Fall Walk #75, October 6-9 and the Ladies Fall Walk #76, October 13-16, 2011. Please keep our Lay Directors, Kevin Poeckert and Beth Smith and the Teams in prayer, as well. There are so many opportunities to help behind the scenes during the Walk to Emmaus...please pray about how God will use each of us to be there for the Pilgrims that He is sending to the mountain.

Our Men's and Women's Teams will be anointed at the Monthly Gathering on September 30, 7:00 – 9:00 p.m. at Asbury United Methodist Church. If you have a 4th Day experience that you would like to share during a Gathering, please let me know...we would love to have you share about how God has been working in your life since your Walk to Emmaus. Please come out on September 30 and support the Community.

May you feel the presence of God...His grace and His mercy in your Fourth Days!

DeColores,

Sherri Poeckert

Men's Fall Walk #75

The team has been assembled by God... The training is complete... The pilgrim applications have come in and invitations have gone out... There is "anticipation" building in all our hearts for the weekend. I want to thank all of the men and women on the team for walk #75... for their servant's heart to be the hands and feet of God for the pilgrims. You all have worked very hard to prepare for the pilgrims.

I would also like to take this opportunity to welcome all of the pilgrims (new community members) to the Shenandoah Valley Emmaus Community. It was with great joy that our team worked together, prayed together and received communion together to prepare to welcome you into our community of Christian believers. Always remember your walk...

I pray that your 4th days are filled with many of God's blessing and miracles. May God light your pathway and give you strength and wisdom.

If you would like to be a part of a walk in the future. You will learn how during the Evening of Greater Vision. Teaming is a wonderful way to experience the walk anew.

DeColores.
 Joyfully serving Him,
 Kevin Poeckert, Lay Director SVEC Walk #75

The Fall Walks will soon be here and I know you are ready to step up and help out. I am in need of men and women to serve dinner on Saturday night or help with Candlelight setup and takedown on the Saturday night of both walks. If you are interested in leading the Thursday night sendoff service I would love to hear from you. A script is provided and it is a meaningful service that I promise you will feel enjoy.

Finally, I am looking for entertainment for the Men's walks. This can be singing or skits or anything you think they might enjoy as a group.

Please email Chaz at ClerkChaz@RockinghamCountyVA.gov or call him at 540-421-0052 with any questions

Treasurer

I pray everyone's summer was filled with many of God's blessings. As the summer winds down, the fall walks are quickly coming upon us. They are closer than you think. I want to remind everyone to get your pilgrim applications in as soon as possible. And that when you sponsor a pilgrim, the walk weekend fees do not have to be paid by one individual. We have many pilgrims who are sponsored by reunion groups or multiple individuals. This helps to take the total financial burden off of a single person. Also, because of the current economic times it is OK to make payments for the pilgrim fees if needed. Just make sure that when you do pay in payments that you mark on the check the pilgrim's name in the memo section. As a team member you can also make payments for your teaming fees if you need to. This can help lessen the financial burden.

We currently have a small scholarship fund. The scholarship fund is available to assist with fees required for walk weekends. The scholarship will cover up to 50% of your fees. If you would like to make donations to this fund please feel free to do so and write "Scholarship" in the memo part of your checks. Either mail them me or bring the donations to our next gathering.

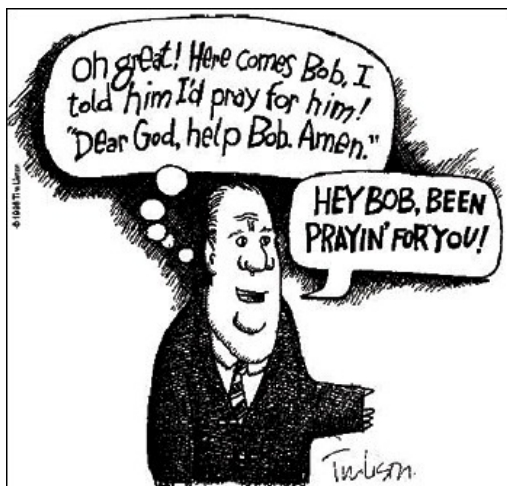
Decolores,

Kevin Poeckert, Treasurer

11 Norwick Ct.

Weyers Cave, VA 24486

SVEC walk #59, Table of Mark



Shenandoah Valley Emmaus Prayer Group needs you! Whether you need prayer for yourself or a loved one, or need to pray... The Shenandoah Valley Emmaus Community has an online prayer group at your disposal.

For further information, please contact Roy Nelson at roygnelson@hotmail.com.

Prayer works!

CHILD CARE



Child Care will be provided for Gathering in September as well as both closing for Men’s walk and Ladies walk in October. Child care providers will be present at Asbury for Gathering beginning at 6:00 PM and at both closings beginning at 4:00 PM. Asbury child care is on 2nd floor in nursery and in Ritchie building for closings. Child care providers are paid, trained staff.

Child care is provided as a service by the community so that those with young children can come and be a part of the community. PLEASE take advantage and come out to these activities. You will be blessed.

Community Lay Director, Tim Armentrout

God has the Shenandoah Valley Emmaus Community “hopping”. The Fall Walks are right on top of us! Teams are in place! Having answered God’s call they are ready, willing and able. This Friday night, September 30th, at our monthly gathering we will anoint the teams. We will also lift up those incoming “Pilgrims” for God’s blessing. We hope to see as many of you as possible at the gathering. Come on out and show your support for the teams. Join us in lifting them in prayer and take a good look at all of them while you are there. They won’t look this good after the walks because God is going to wear them out!

I would also like to take this opportunity to let you know that your board of directors is hard at work preparing for the coming year. Several of our board members attended the recent Upper Room Emmaus & Chrysalis Northeast Region Leadership Development Training event. Our board realizes a need to review our current bylaws and is in the process of updating all manuals and guidelines. We will also be reviewing and revising board job descriptions as well as looking to the community for folks that want to become more involved in ways other than serving on the board. In other words we will be soliciting for committee members. While this is quite an undertaking it is an exciting time and with God’s guidance will result in a “renewed and refreshed” community. We can always use some of God’s renewing and refreshing!

Blessings,

Tim Armentrout

Community Lay Director

[Our Mission Statement](#)

[Strengthening local congregations by following God’s call to develop Christian Leaders.](#)

Greetings to my brothers and sisters in Christ. Last month I attended the Emmaus Training event along with some lay members of our Board of Directors. At one point, the clergy went into a separate room for training specifically designed for spiritual directors. One person in attendance was Leah DeLong, who is the Community Spiritual Director for Loudon Valley. She wrote an article for their newsletter which I have adapted (with her permission) for our community. The portions in bold are what I changed.

Silly me! I seriously thought that after my ordination I would not have to jump through hoops and deal with check lists of annoying requirements. Oh, how well I remember all the paperwork, the psychological exams, the interviews, the meetings, the anguish, the drives to Blackstone, the waiting! Praise God, that is all behind me! But alas, I have discovered that if I want to be active in the Upper Room Walk to Emmaus, I have more jumping and checking off to do! As a clergy person, if I want to serve as a Weekend Spiritual Director, I have to fill out and submit an application to the community. I have to attend a training event and receive certification from the Upper Room Emmaus. I don't have time to fill out a three page application or attend a training event! Who needs the fuss and bother?!

But...(big sigh) remember that Prevenient Grace talk? How God nudges, draws, pulls, us to be in relationship with God? Well the nudging, drawing and pulling doesn't stop when one responds affirmatively to God's Grace. For me, the Holy Spirit is actively nudging, drawing and pulling me to stay connected with the Walk to Emmaus and to do whatever it takes to continue to serve. The Walk to Emmaus is good for the church. The Walk to Emmaus inspires, shapes and forms lay leadership in the local church. The Walk to Emmaus enables people to see more clearly God's vision for their lives. I want the local church to thrive and be vital! So...I attended the training event last month. Guess what? I learned a something! I enjoyed it! And I left the training event with a renewed commitment to serve God by working with others to build strong leaders within the local church. I confess that I have yet to fill out the dreaded three-page application, but it is on my list!

Pastors, if you are reading this, please take the first step and fill out the application which you may download from the Upper Room Emmaus web site. Then mail it to: Doug Martin, 444 Woodland Dr. Luray, VA 22835. You can take care of the training requirement at a later date. Laity, if you are still reading, encourage your pastors to go the extra mile and do whatever it takes to continue to be involved in serving as Spiritual Directors for our Loudoun Valley Emmaus Community. The board is still in a process that will lead to full compliance, and for the time being we are "bending the rules" a bit to give pastors time to take necessary steps to meet the clergy criteria for the Upper Room. Emmaus is a good thing because it is a God thing. Do what you need to do. Make a sacrifice. It is easy to forget that others have made sacrifices for you. So go ahead - jump through the hoop.

The Shenandoah Valley Emmaus Board continues to try and keep the clergy list updated. Why don't you ask your pastor (especially those of you with new pastors) if he/she has walked? If the answer is yes, encourage them to fill out a teaming application. If the answer is no, why not invite them? As I type this there is still "space available". You might even offer to speak and/or lead worship while he/she is away "on the mountaintop."

De Colores,

Peggy Packard, Assistant Spiritual Director

SVEC WALK LISTS

Walk #75 Pilgrim List

Erich Bennett — Tommy Catlett
 Earnie Dean — Don Fincham
 Jamie Koontz — Anthony Lockhart
 Ray Meyers — Terry Moore
 Matthew Rexrode — Vern Michael
 Randy Rexrode — Charlie Rimmel
 Dave Roy — Josh Shull
 Donnie Thompson — Paul Tracy
 Albert Ullrich — Tim Worley

Walk #75 Team List

Rob Berkebile — Lora Buracker
 Mike Carey — Stephen Creech
 Glen Early — Mike Evans
 Pete Gohdes — Ralph Groves
 Terry Keating — Doug Martin
 Neil McLaughlin — Brad Miller
 Ray Miller, Jr. — Crystal Ortiz
 Willie Ortiz — John Packard
 Kevin Poeckert — Sherri Poeckert
 Paige Purdham — Jeff Robb
 Tancy Seal — Jim Strother
 Bob Talbott — Carrie Talbott
 Mil Wallen — Paul Wieber

Women's Walk #76 Pilgrim List

Candice Bennett — Amy Berg
 Judy Blicharz — Julia Bowser-Rogers
 Jeanne Brainard — Wendy D'Auria
 Jo Delamatta — Sandy Ford
 Suellen Gardner — Michelle Howard
 Kimberly Johnson — Sharon Keller
 Connie Keplinger — Kimberly Kuser
 Sharon Lam — Darlene Mathieson
 Susan Michie-Bent — Kitty Miller
 Kelly Moomaw — Sarah Nuckols
 Sheila Rexrode — Melinda Roy
 Eddie Rusch — Lori Schlentner
 Kathy Stevens — Dinah Watson
 Celest Williams

Women's Walk #76 Team List

Cheryl Anderson—Cathy Ashanky
 Jane Baldwin-Tolliver—Vicki Barb
 Lorrie Barrackman—Erin Brogan
 Stephanie Catlett—Susan Catlett
 Elizabeth Davis—Neda Duncan
 Donna Eagle—Stephanie Fretwell
 Sue Holzbauer—Linda Hudgins
 Gail Keith—Esther Malloy
 Ellen Martin—Becky Miller
 Michele Moore—Sheila Morris
 Marybeth Quist—Tracey Ramey
 Judy Reddle—Cindy Shifflett
 Beth Smith—Melanie Stanley
 Sherry Waddell—Dianna Wallen
 Darlene Wilkins

Worship

Psalms 95: 6-7 "Come let us bow down in worship, let us kneel before the Lord our Maker for he is our God and we are the people of his pasture, the flock under his care.."

Are you looking for a special way to take part in the upcoming Emmaus walks? Well, look no further! We are looking for volunteers to set-up the altar for worship during the walks. What a great way to serve God and the Walks through setting the stage for worship. There is a manual with pictures of how to set the worship area up and the numbered boxes where each of the items are located for every worship set-up. I will be very grateful for all the help you may be able to give. We are also looking for individuals to make communion bread for worship during the walks. (See recipe on back). It can be made ahead of time and frozen.

Please email me at 1lkygma@gmail.com the dates and worship set-ups you are able to do. If you want to make bread and do not have the recipe, please email me and I will forward you a copy. If you prefer to call my number is 540-778-3934 or if no answer you can reach me on my cell at 540-742-2002.

God Bless each of you for your servant's hearts in this EMMAUS Community.

In God's Grace & love,

Mary Jane Tester

Thursday, October 6th (Men's Walk)

4:30 pm - Team Communion, Prayer Chapel,
Talk Room

After team communion - Sponsors Hr. Communion
set-up

Friday, October 7th (Men's Walk)

9:00 am - Emmaus Road Experience

7:45 pm - Examination of Conscience

Sunday, October 9th (Men's Walk)

1:30 - 2:00 pm (After Church) - Commissioning &
Closing Communion

Thursday, October 13th, (Women's Walk)

4:30 pm - Team Communion, Prayer Chapel. Talk
Room

After team communion - Sponsors Hr. Communion
set-up

Friday, October 14th, (Women's Walk)

7:45 pm - Examination of Conscience

Saturday, October 15th (Women's Walk)

8:50 am - Dying moments Communion

Sunday, October 16th (Women's Walk)

1:30 - 2:00 pm (After Church) - Commissioning &
Closing Communion



Did you know that we are on Facebook? Check us out at **Shenandoah Valley Emmaus Community!**

Shenandoah Valley Emmaus Community

SVEC

PO Box 282

Fishersville, VA 22939

Emmaus Communion Bread

7 cups plain flour

2/3 stick of butter

1 $\frac{1}{2}$ cups sugar

1 $\frac{1}{2}$ pints of heavy whipping cream

Melt butter and stir in sugar. Add cream. Knead in flour. Roll out (about $\frac{1}{2}$ inch) and cut with a bowl (cereal bowl size). Bake at 350 for about 12 minutes.

This bread freezes well. Wrap individually and store in freezer bags.

SHENANDOAH VALLEY EMMAUS

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